

Ten Best Sports Titles ... in My Public Library

by James R. Ruszczyk

This article deals with the top ten sports resources at a small/medium size public library located in the foothills of the Blue Ridge Mountains of northwestern North Carolina. The Wilkes County Public Library, situated in downtown North Wilkesboro, serves a county population of about 65,000 and a regional three-county population of about 130,000, comprising Ashe, Watauga and Wilkes counties. While each of the three county libraries shares resources and funding, this article focuses only on those holdings located at the Wilkes County Public Library. This is to ensure that the top sports resources have been seen, handled and evaluated by the writer of this article. The titles in question are not ranked in any particular order of importance but by author's last name.

American College of Sports Medicine. *ACSM Fitness Book*.
Champaign, IL: Human Kinetics, 1998.

In order to participate in sports, one needs to be physically fit. What better title than a fitness book published by the American College of Sports Medicine? This book covers the full range of fitness exercises and techniques and is a unique book for the library. Highly recommended for anyone thinking of starting a sports or fitness routine.

Flegel, Melinda J. *Sport First Aid*, updated ed. Champaign, IL:
Human Kinetics, 1997.

What would sports be without injuries? While this book is written specifically for coaches, it will help anyone give first aid on the field of play. It is the official text of the American Sport Education Program (ASEP) and the National Federation of Interscholastic Coaches Association (NFICA). Appendix B contains injury-prevention stretching routines, and following this is a section on important sports first aid terms. The book includes a complete index.

Fortin, Francois, ed. *Sports: The Complete Visual Reference*.
Buffalo: Firefly Books, Limited, 2000.

Francois Fortin, author of *The Visual Food Encyclopedia*, comes up with a new visual reference that is just as fun and informative, except this time covering 127 different sports and games. The combination of graphics, concise text, and photos enables the reader quickly to find visual guidelines and information about a variety of sports. Its uniqueness lies in the detailed and beautiful full-color graphics showing all elements of the playing field or court, athletes' equipment, and positional play. A generous 380 pages in length, it includes details on the history, rules, strategy, equipment used, and the playing spaces' unique aspects of each sport. This book is a complete reference, with three indices (terms, symbols, and illustrations, respectively), which will help the reader find answers to nearly any question about sports. Highly recommended for all libraries.

Gietschier, Steve. *Chase's 2000 Sports Calendar of Events*.
Chicago: Contemporary Publishing Group, 2000.

This title is included because of its uniqueness. Chase's has been publishing calendars of events books for years, and this title follows their thorough coverage of events around the world. Not only does it cover sporting events

but it also features various recreational activities, such as Chicago's Windy City Jitterbug Club Dance and the Calaveras County Fair and Jumping Frog Jubilee. Other entries include birthdays of sports legends and anniversaries of great and not-so-great moments in sports from around the world. A must-have for all libraries and should be placed on a standing order.

Johnson, William Oscar. *The Olympics: A History of the Games*.
Birmingham, AL: Oxmoor House, 1992.

Even though this book was published in 1992, it is a great overview of the modern Olympics. The book begins with a short introduction to the ancient games of Greece, and then proceeds through the modern Olympics from 1896 to 1992. Filled with interesting and exciting photographs from all of the modern games, this is an excellent book for a library's bookshelf. Many books have been written on the Olympics, and this one compares admirably. Published in conjunction with the magazine *Sports Illustrated*, this is a wonderful book filled with triumphant and agonizing pictures, with just enough concise text to make it a pleasure to see and read.

Lipsyte, Robert and Peter Levine. *Idols of the Game: A Sporting History of the American Century*. Kansas City, MO: Turner Publishing, 1995.

The 20th century, coined by Harold Evans and others as the American Century, brought a plethora of names that became legends in politics, business, and indeed sports. Lipsyte and Levine's book is a social history of the many sporting greats from the 20th century. Such athletes as Jack Johnson, Jim Thorpe, Jackie Robinson, Vince Lombardi, Billie Jean King, and Michael Jordan are now known the world over and live in our country's collective consciousness as some of the greatest athletes ever. Americans share in the glory of our sports, and this book reveals the social, economic, and athletic importance of these great athletes. A provocative profile of our nation's biggest sports heroes, *Idols of the Game* offers a revealing glimpse of a country in transition.

Longman, Jere. *The Girls of Summer: The U.S. Women's Soccer Team and How It Changed the World*. New York, Harper Collins Publishing, 2000.

Possibly the most exciting moment of sports in 1999 was the U.S. Women's Soccer Team's defeat of China in an overtime shootout to win the World Cup of Women's Soc-

cer. This book has been selected because of the influence this game and this team has had on U.S. sports in general and more importantly on women's athletics as a whole. With this victory, all women's sports gained more respect. Now, with the Olympics of 2000 completed, women's sports are shining more than ever before. Written by one of the best sports writers today, Jere Longman of *The New York Times*, this is a must have for all libraries.

MacCambridge, Michael, ed. *ESPN Sports Century*. New York: Hyperion, 1999.

Much like *Idols of the Game*, *ESPN Sports Century* takes a long look at sports of the 20th Century; however, while *Idols* ends in 1995, this book was published at the cusp of the 21st century, in 1999. It tells the story of each decade through profiles of the greatest athletes as deemed by a battery of sports writers and historians, including such legends as Babe Ruth, Johnny Unitas, Muhammad Ali, and Pete Rose. The book also covers the major sporting events that are now part of our American history — the classic games that members of our society, no matter their socio-economic status, remember as if they had been played yesterday. From the classic 1933 NFL Championship game to the "Thrilla in Manila," *ESPN Sports Century* makes its mark as one of the best compendiums of 20th century sport and athletics that has been written. With such writers as David Halberstam, Dick Schapp, and Joyce Carol Oates adding their words and wisdom, this book should be in every library collection.

Peterson's Guides Staff. *Sports Scholarships and College Athletic Programs*, 4th ed. Princeton: Peterson's, 1999.

Where would professional sports be without amateurs

and college athletes? Peterson's publishes many college scholarship books and other college preparatory materials. This specific title focuses on sports scholarships and athletic programs for men and women at more than 1,700 major colleges and universities in the United States. The publication covers more than 30 sports and includes detailed data on college facilities, coaches, and team records. Furthermore, it offers expert advice on how, when, and where to apply, who to contact, what to submit, and how to assess the chances of winning an athletic scholarship. Also included is an appendix of abbreviations of associations and conferences, as well as men's and women's sports indices. Peterson's has published a most useful guide for students with college aspirations. A must for all public and school libraries.

Silverman, Al and Brian Silverman, eds. *The Twentieth Century Treasury of Sports*. New York: The Penguin Group, 1992.

This last selection for top 10 sports titles is a combined work of fiction, nonfiction, and poetry by some of the world's greatest writers. Some surprises are found in the names of the authors, including such luminaries in the field of writing as Ralph Ellison, William Faulkner, F. Scott Fitzgerald, Stephen King, Philip Roth, Jack London, Norman Mailer, John Updike, and William Butler Yeats. The 76 entries offer the full spectrum of literature, bringing laughter, virtue, hope, and joy to the field of sports writing. Because of its uniqueness, *The Twentieth Century Treasury of Sports* offers any library patron the joy of discovering great literature through the medium of sports and athletics. This is a wonderful collection of stories for any library.

Ten Best Sports Titles ... in My Media Center

by Stephanie Fiedler

Swift Creek Elementary School is located in southwestern Raleigh. It has a diverse student population of over 560 children, ages 4 through 11. A note about my selection process — I selected books based on a variety of factors. If I had used circulation statistics as the sole criteria for this bibliography, there would have been five books on Tiger Woods alone! Instead, I tried to choose the best books from a variety of different sports fields. I selected books that appeal to both genders and on many different reading levels. I chose to focus on nonfiction books — biographies of famous athletes were chosen in addition to the standard "how to" guides. Quality, as well as popularity, was a factor in this process.

Bragg, Linda Wallenberg. *Fundamental Gymnastics*. Photographs by Andy King. Minneapolis, MN: Lerner Publications Company, 1995.

Girls are especially fascinated with gymnastics — and not just during the Summer Olympics! This book provides an excellent overview of the sport. In addition to discussing the history of gymnastics, the author gives detailed descriptions of each event, the equipment used, and the skills that are tested. Action-packed color photographs featuring both boys and girls demonstrating various moves and proper technique are included on every page. The author frankly discusses common

injuries and how to avoid them, as well as how to prepare mentally for competition. Colorful fact-boxes answer such questions as, "What does a coach do?" and "What does a gymnast wear?" In addition to an index, definitions of common terms, bibliographical references, and addresses of informational resources are included. Grades 3-5.

Cline-Ransome, Lesa. *Satchel Paige*. Illustrated by James E. Ransome. New York, NY: Simon and Schuster Books for Young Readers, 2000.

This book chronicles the life of Leroy "Satchel" Paige,

the first Black pitcher in Major League Baseball and the first Black player inducted into the Baseball Hall of Fame. The author's easy and relaxed story-telling style is well suited to Paige's playful on-field persona. The story at times takes on a tall tale mood — one befitting a legend. The bold and colorful illustrations effectively and respectfully chronicle his humble background and gradual climb to the top of his field. While the author touches on Paige's troubled youth and the frustrations he felt with the restrictions of a segregated major league, the positive message of doing what you love permeates. The conversational rhythm of the story, as well as the thrilling scenes on the pitcher's mound, makes this an excellent read-aloud. Includes bibliographical references. Grades 2-4.

Harvey, Gill. *The Usborne Complete Soccer School*. London, UK: Usborne Publishing, Ltd., 1998.

For hard-core soccerfiles! Using both male and female models, this comprehensive instructional guide clearly demonstrates, with hundreds of color photographs and illustrations, the mechanics of the game. Thorough explanations are given on a variety of skills such as foot control, heading the ball, turning, dribbling, shielding, and working on pace. Field diagrams illustrate offensive and defensive strategies, and practice drills are outlined. As one soccer-playing student of mine said in amazement, "It really teaches you!" Includes index and a world soccer quiz. Grades 3-6.

Krull, Kathleen. *Wilma Unlimited: How Wilma Rudolph Became the World's Fastest Woman*. Illustrated by David Diaz. San Diego, CA: Harcourt Brace, 1996.

This is the stirring and inspirational life story of Wilma Rudolph, the first American woman to win three gold medals at a single Olympics. Born a sickly child in a poor family of 22 children, she was crippled by polio when she was five years old. Despite being told that she would never again walk, Rudolph found the determination to overcome her disabilities. Through years of grueling physical therapy, and with her mother's help, she learned to walk again and ultimately became a world-class athlete. Vibrant acrylic and gouache paintings are superimposed on sepia toned photographs to create a nostalgic yet contemporary mood. During storytimes, my students are fascinated to learn about polio, a disease that primarily struck children, as well as to get a glimpse of what life was like in the segregated South of the 1950s. Grades K-3.

Krull, Kathleen. *Lives of the Athletes: Thrills, Spills (and What the Neighbors Thought)*. Illustrated by Kathryn Hewitt. San Diego, CA: Harcourt Brace, 1997.

This irreverent and quirky collective biography goes beyond the statistics to humanize 20 of the world's most famous sports legends. A wide variety of athletes, sports, and nationalities are represented. Each profile includes basic biographical information, a brief synopsis of the athlete's contribution to the world of sports, career highlights, and an anecdotal-rich discussion of their lives. There are lots of interesting facts and, as the subtitle implies, juicy bits of gossip that, of course, enthrall the children. Students are fascinated to learn that Babe Ruth loved to eat pickled eels with chocolate ice cream between games and that Babe Didrikson

could light matches with the flick of her fingernail. The whimsical caricatures that accompany each profile add to the author's lighthearted approach. Includes bibliographical references. Grades 4-6.

Mitchell, David. *The Young Martial Arts Enthusiast*. New York, NY: Dorling Kindersley, Inc., 1997.

With the popularity of after-school karate, aikido, and tae kwon do classes, I can't keep this book on the shelf! Boys and girls alike are drawn to the high-quality, instructional photographs that clearly illustrate proper technique. The short, fact-filled captions also appeal to young readers. In addition to discussions of the historical roots of each martial art form, examples of stances and movements also help to clarify the differences among the various forms. Emphasis is given to safety practices, and it is recommended that this manual be used as supplement to an instructor-monitored class. Includes index. Grades 4-6.

Riley, Gail Blasser. *Top 10 NASCAR Drivers*. Springfield, NJ: Enslow Publishers, Inc., 1995.

This is, after all, North Carolina! My students avidly follow the careers of their favorite drivers, meticulously dissect their strategies on the course, and vehemently debate who has the best car. Ten NASCAR greats are profiled here, including Sara Christian, who, in 1949, became the first woman to finish in the top five of a NASCAR race. Each profile includes basic biographical information, educational background, records awarded, and honors achieved. In addition, a chart comparing the relevant statistics and career winnings of each driver is provided. The danger of the sport is addressed, with special emphasis on the safety measures enacted as a result of injuries to and deaths of NASCAR drivers. Black-and-white and color photographs help to illustrate the evolution of the cars, as well as the sport itself. Includes an index and bibliographical references. Grades 3-5.

Savage, Jeff. *Tiger Woods: King of the Course*. Minneapolis, MN: Lerner Publications Company, 1998.

The Michael Jordan of the new millennium! Something about Tiger Woods has really struck a chord with my students. Children who never before expressed an interest in golf are captivated by him and voracious for any information about him. This is the cream of the crop of Tiger Woods biographies. While it does not include his latest victories (then again, how could biographers keep current with his seemingly endless winning streak?), it does provide an in-depth look at his career and legendary rise to become golf's top-ranked player. A retrospective look at former African-American golfers helps to emphasize the historic importance of Tiger's success. The story of his lifelong dream to become a professional golfer and his relentless pursuit of that dream is inspirational. My students also love to pore over the book's many photographs and to giggle at some of his less-than-flattering preteen pictures. The author also discusses Tiger's carefully guarded private life, focusing on his close relationship with his parents. In addition to a glossary, bibliographical references, and an index, an address for Tiger's management group is also provided for all of that fan mail. Grades 4-6.

Shahan, Sherry. *Dashing through the Snow: The Story of the Jr. Iditarod*. Brookfield, CT: The Millbrook Press, 1997.

Each winter I teach a lesson to third graders about Balto, the lead sled dog on the historic 1925 "serum run" to Nome, Alaska. This heroic feat, which saved the town's children during a diphtheria epidemic, was the inspiration for the "last great race on earth" — the Iditarod. When I tell the children that there is an Iditarod for boys and girls ages 14-17, they are hooked! This race sparks the imagination of our children, who are so far removed from the world of dog sled teams and mushers. During the two-day race, we get updated reports from the Internet and track the progress of the competitors on a map. During this time, *Dashing Through the Snow* is my best resource. It offers a realistic, competitor's eye-view of the dedication that is required to participate in the Junior Iditarod. The detailed maps and stunning color photographs capture the spirit of the competition. The book describes the grueling conditions under which the dog sled teams must compete, outlines the mandatory gear list, and provides interesting behind-the-scene details of life on the trail, such as the booties the dogs wear to protect their paws

against frostbite. Includes an index and a glossary of "Idita-Talk" words. Grades 3-6.

Weatherspoon, Teresa, Tara Sullivan, and Kelly Whiteside. *Teresa Weatherspoon's Basketball for Girls*. New York, NY: John Wiley & Sons, Inc., 1999.

Thanks to the WNBA, girls are more interested in basketball than ever before. They now have professional role models like Teresa "Spoon" Weatherspoon to turn to for inspiration. In this very practical "how to" manual, the author offers "Spoon"-fuls of instruction, advice, and personal anecdotes. Like all good instructional basketball books, this one covers the basics of the game and details the mechanics, all of which are nicely illustrated with black-and-white photographs and diagrams. Particular focus is placed on preventing injuries with proper pre-game stretching and off-court conditioning. A good deal of attention is also given to the mental aspects of the game — motivation, teamwork, learning from mistakes, and maintaining a positive attitude. Weatherspoon's overall emphasis to the reader puts it all into perspective — "have fun!" Includes index. Grades 4-8.

Ten Best Sports Titles ... in My High School Library

by Kim P. Mayo

Riverside High School is one of six high schools in the Durham Public Schools system. We serve approximately 1,550 students in grades 9-12. Our diverse student population is 55% White, 37% African American, and there is a large Asian population comprising the remaining 8%. The Riverside campus, completed in August of 1991, is situated in the northwest portion of Durham County — one of the best places to live in America, and our high school attracts students especially interested in engineering technologies as well as a comprehensive curriculum. Students are enrolled in six courses each semester; classes meet for 55 minutes each day. Ninety-three percent of the class of 1998 are pursuing a post-secondary education, seventy-three percent of which is at a four-year institution.

The list of top ten sports titles was generated primarily from student recommendations during a one-week period at the end of the spring 2000 semester. Student patrons were asked randomly, "What is your favorite sports title in our Media Center collection and why is it your favorite?" There were several duplicate responses. Once all responses were gathered, I analyzed the circulation statistics for sports titles at the end of the spring 2000 semester; three titles were added as a result of the circulation statistics.

Bezik, Sandra. *The Passion to Skate: An Intimate View of Figure Skating*. Kansas City: Andrews McMeel Publishing, 1998. Sandra Bezik, an accomplished figure skater, offers a "behind-the-scenes" glimpse into the world of the training, competition, and performance of the world's most popular figure skaters. We see the color and black-and-white family photographs of these accomplished athletes, as well as inspiring photos of them in practice and competition.

———. *Chronicle of the Olympics, 1896-2000*. New York: DK Publishing, Inc., 1998.

What a comprehensive resource of the last 100 years of the summer and winter Olympic Games, including

illustrations of the many athletes and events that will forever be remembered! It includes the complete history of the modern Olympic Games beginning in Athens in 1896 and reveals inside stories surrounding the Games and the athletes — triumphs, tragedies, and rivalries. A complete list of medalists and their events is also included.

Clary, Jack. *The NBA: Today's Stars. Tomorrow's Legends*. New York: Smithmark, 1994.

Though this is an older title, it continues to be a favorite with our students. Clary includes short biographies of major players of the NBA, each with a full-page color photograph.

Morris, Ron. *ACC Basketball: An Illustrated History*. Chapel Hill, NC: Four Corners Press, 1988.

Many of our students share a love for basketball, and particularly the ACC. This book continues to be a favorite as it recounts the "establishment of rivalries in the '50s, the point-shaving scandals of the '60s, the rise to national prominence in the '70s and the multi-million dollar media boom" of the '80s. Through photos and interviews meet people who have made the conference unique — UNC Coach Dean Smith, Duke Coach Vic Bubas, and many of the players. Our students are anticipating an updated edition on the ACC today.

Myers, Walter Dean. *Slam!*. New York: Scholastic Press, 1996.

"Slam" Harris is a talented seventeen-year-old basketball player with hopes of someday becoming a professional ballplayer. His chances of leaving the inner city and achieving this goal are slim, as he battles mediocre grades, a quick temper and his coach's belief that he may not have what it takes. Walter Dean Myers' fiction is especially appropriate for the reluctant reader looking for good fiction. Our students also recommend *Ironman* by Chris Crutcher.

Paluch, Mark, general editor. *The Book of Rules: a Visual Guide to the Laws of Every Commonly Played Sport and Game*. New York: Checkmark Books, 1998.

This reference guide presents the rules, equipment, gear and playing surface, officials and players for more than 30 of the world's most played or watched sports in a stimulating and easy-to-understand format. Color action photographs provide additional information on the tactical positions/skills and general excitement generated in the game. Sports and games are organized by type, i.e., ball games, bat and ball games, racket games, hand ball games, and others, and include America's major professional and recreational sports, international games, such as rugby and soccer, as well as a few games/sports rarely played in the U.S. This

book is a wonderful resource for student research on sports and games.

Papanek, John, editor-in-chief. *ESPN: The Magazine*. Boone, IA: ESPN, Inc., bimonthly.

Our students have enjoyed this bimonthly periodical since we added it to our periodical holdings two years ago. *ESPN* highlights today's sports figures with interesting articles and oversized color-action photographs of the players of the game. The articles (and advertisements) are geared toward the teen audience.

Radnedge, Keir, general editor. *The Ultimate Encyclopedia of Soccer: The Definitive Illustrated Guide to World Soccer*. New York: Carlton Books, 1994.

Every aspect of the game of soccer is included in this book — great soccer matches, the "stand-out" players, memorable competitions and teams, etc. Our students love any and all books on soccer, but the layout and illustrations have made this one their favorites.

Richards, Brant and Steve Worland. *The Complete Book of Mountain Biking*. New York: Harper Collins, 1997.

This work includes an "a to z" of biking terms; over 260 instructive and inspiring color photos; tips both for those getting started in the sport as well as the experienced enthusiast; all-terrain riding techniques and bike maintenance information; and a travelogue section describing mountain biking competitions. The primary author of this book is the editor of *Mountain Bike Rider* magazine, and both authors are avid mountain bike competitors and enthusiasts. Students find this an excellent mountain biking resource and enjoy the wonderful photos.

Sports Illustrated. New York: Time, Inc., weekly.

Sports Illustrated will always be a popular sports title in the Media Center! The weekly magazine contains timely, informative articles on the most famous athletes of the day, and the readers always wonder who will be on the next eye-catching cover.

Ten Best Sports Titles ... in My Academic Library

by Gerald Holmes

The Walter Clinton Jackson Library at the University of North Carolina at Greensboro holds more than 2.6 million items, which includes subscriptions to approximately 5,100 newspapers, periodicals, and other serials. Within the Library, I serve as the liaison librarian to the Department of Exercise and Sport Science. The collection supports Bachelor, Masters, and Doctoral degree programs in this research area. In preparing this annotated bibliography, I asked for and received recommendations from the Exercise and Sport Science faculty. I also reviewed the circulation statistics to identify the popular and high circulation areas of the sports titles in the library collection.

Birrell, Susan, and Cheryl L. Cole, eds. *Women, Sport, and Culture*. Champaign, IL: Human Kinetics, 1994.

The editors present both the feminist sport studies and feminist cultural studies perspectives. The collection of 24 articles is divided into five parts: 1) Women, Sport,

and Ideology; 2) Gender and the Organization of Sport; 3) Women in the Male Preserve of Sport; 4) Media, Sport, and Gender; and 5) Sport and the Politics of Sexuality. One chapter discusses the lack of female coaches to serve as role models for young girls. Bringing

together a variety of theoretical texts, this book is a must for most academic collections with a sports emphasis.

Diagram Visual Information Ltd. *Rules of the Game: the Complete Illustrated Encyclopedia of all the Major Sports of the World*. New York: St. Martin's Press, 1995.

Rules of the Game is an encyclopedia of games, rules, and illustrations covering more than 150 sports. This book is useful to anyone who is not a sports fan or who is a novice in a particular sport. A must for all library collections.

Eitzen, D. Stanley. *Sport in Contemporary Society: an Anthology*. 4th ed. New York: St. Martin's Press, 1993.

This book develops a reader's understanding of sport in American society. The 35 articles, written by a combination of journalists and academics, is divided into five chapters: 1) Toward an Understanding of Sport; 2) Sport and Socialization; 3) Sport and Violence; 4) Race/Ethnicity and Sport; and 5) Gender and Sport. Each chapter concludes with a section of references called "for further study." Undergraduate classes in sociology and physical education would benefit from this book.

Ray, Richard, and Diane M. Wiese-Bjornstal, eds. *Counseling in Sports Medicine*. Champaign, IL: Human Kinetics, 1999. This book is written for medical staff who work with injured athletes. The editors state that this book is designed to "help you develop your counseling and referral skills in a way that will enable you to implement effective patient interaction strategies right away." The work is divided into three parts: 1) Introduction to the Counseling Role; 2) Practical Aspects of Counseling for Sports Medicine Professional; and 3) Specific Counseling Issues in Athletic Health Care. Readers will learn about assessment interviews, how to document counseling, ethical perspectives, eating disorders, stress, injuries, and rehabilitation. The book is recommended for sports medicine students, especially those training to be athletic trainers and physical therapists.

Messner, Michael A., and Donald F. Sabo, eds. *Sport, Men, and the Gender Order: Critical Feminist Perspectives*. Champaign, IL: Human Kinetics, 1990.

The editors explore new understandings of the old relationship between men and sport. Through 18 essays, this book focuses on the importance of male dominance in shaping the nature of modern sport. Chapters include: 1) Baseball and the Reconstitution of American Masculinity, 1880-1920; 2) Masculinities and Athletic Careers: Bonding and Status Differences; and 3) Women Coaching Male Athletes. College libraries serving gender studies programs will want this book. Because of the engaging theoretical essays, graduate students will welcome the gender-related research.

Hall, M. Ann. *Feminism and Sporting Bodies: Essays on Theory and Practice*. Champaign, IL: Human Kinetics, 1996.

This book focuses on the feminist theories in sport and physical education. Hall discusses theoretical concepts and illustrates them with concrete examples. Topics such as the need for a politicized feminism, women's bodybuilding, tomboys and gender verification, and why there is a gap between academic knowledge and

activism in women's sports are covered. Undergraduates and other readers looking for an entry-level book on feminist debates about sport will want this book.

Brooks, Dana, and Ronald Althouse, eds. *Racism in College Athletics: the African-American Athlete's Experience*. Morgantown, WV: Fitness Information Technology, Inc., 1993.

In a collection of 10 essays, the editors focus on earlier discussions of African-American life in higher education and sport. The book is divided into four parts: 1) Historical Analysis of Racism and Critical Events; 2) Recruitment, Retention and Mobility in College Athletics; 3) Gender and Race Intersections in College Athletics; and 4) Analysis of Racism and Future Success or Failure?. An underlying thought throughout most of the work is the idea that African-American athletes must be twice as good as their white counterparts to make the team and to play. Undergraduate classes in sport sociology and physical education would benefit from this book.

Alexander, A. *Healthful Exercise for Girls*. London: George Philip & Son, 1887.

Healthful Exercises for Girls is an 1887 encyclopedic guide that provides illustrations of exercises for girls. The exercises include calisthenics, swimming drills, chest machine, railway ropes, spiral ladder, parallel bars, and the running maze. During the late 1800s it was not expected that girls participate in exercise. The author discusses the fact that most girls who did participate in exercise did so after medical advice. The author urges girls to exercise to prevent rather than cure medical problems. Recommended for academic or research collections needing primary sources.

Grunski, Jerry, ed. *Successful Sports Officiating*. Champaign, IL: Human Kinetics, 1999.

This handbook, produced by *Referee Magazine*, is intended for officials at all levels and across all sports. The book is divided into five parts: 1) Developing an Officiating Philosophy; 2) Psychology of Officiating; 3) Personal Fitness for Officials; 4) Managing Professional Responsibilities; and 5) The Officiating Profession. Photographs and informative sidebars highlight the work, which also includes the Sports Officials' Code of Ethics. A comprehensive index completes this handbook. Academic and public libraries would benefit from owning this book.

Whannel, Gary. *Fields in Vision: Television Sport and Cultural Transformation*. New York: Routledge, 1992.

Fields in Vision explains the development of sports on television in the United States and England. The work discusses the growth of sponsorship and the way television and sponsorship have reshaped sport. Information on broadcasting practices and the promotion of national events and star athletes all make this book interesting reading for students learning the business of sports. The book includes a list of abbreviations, bibliography, and subject index. As a practical text, this informative work is a must for all academic collections with a sport or business marketing emphasis.